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Manawa i homai e te Atua

Kia whakamoemititia a Ihowa e ngā mea katoa e whai manawa ana. Whakamoemititia a Ihowa. Waiata 150:6

Pentateuka

Nā ka whakaahuatia te tangata e Ihowā, e te Atua, he puehu nō te oneone, ā ka whakahaea e ia ki roto ki ōna pongaponga te manawa ora; ā ka wairua ora te tangata. Kenehi 2:7

Nā, ko ahau, ko ahau nei, ka kawea mai e ahau he waipuke ki runga ki te whenua, hei whakangaro i ngā kikokiko katoa e whai manawa ora ana i raro i te rangi; ā, ka mate ngā mea katoa o te whenua. Kenehi 6:17

Na ka haere ki roto ki te aaka ki a Noa, takirua o nga kikokiko katoa, o nga mea whai manawa ora. Kenese 7:15

Ko ngā mea katoa kei roto nei i ō rātou pongaponga te manawa ora, o ngā mea katoa i te whenua maroke, i mate. Kenese 7:22

Ko ngā pā ia o ēnei iwi, e hoatu nei e Ihowā, e tō Atua, ki a koe hei kāinga tupu, kaua e whakaorangia tetahi mea e whai manawa ana: Tiuteronomi 20:16

Hītori

Nā, patua ana e Hohua te whenua katoa, te whenua pukepuke, te tonga, te mania, me ngā puna wai, me ō rātou kingi katoa; kāore i waiho e ia tētahi morehu: engari i whakangaromia rawatia e ia ngā mea whai manawa katoa, i rite tonu ki tā Ihowa, ki tā te Atua o Iharaira i whakahau ai.

Nā patua iho e rātou ngā wairua katoa o reira ki te mata o te hoari, whakangaromia rawatia iho: kāhore he mea whai manawa i mahue: ā tahuna ana e ia a Hatoro ki te ahi. Ā, ko ngā taonga katoa o aua pā, me ngā kararehe, i tangohia e ngā tama a Iharaira mā rātou; ko ngā tāngata katoa ia i patua ki te mata o te hoari a poto noa rātou, kāhore hoki i mahue tetahi mea whai manawa. Hohua 11:11,14

Nāwai ā, ka kitea ngā takere o te moana, ka hurahia ngā pūtake o te ao i te whakatupehupehutanga a Ihowā, i te pupuhitanga o te manawa o ōna pongaponga. 2 Hamuera 22:16

A, i a ia e kingi ana, na patua iho e ia te whare katoa o Ieropoama; kihai tetahi mea whai manawa o Ieropoama i mahue i a ia, a whakangaromia noatia ia e ia; i rite tonu ki te kupu a Ihowa i korerotia e tana pononga, e Ahia Hironi: 1 Kingi 15:29

A i muri i ēnei mea ka takoto mate te tama a te wahine rangatira o te whare; nui atu te kaha o tōna mate, kāhore noa iho he manawa i mahue i roto i a ia. 1 Kingi 17:17

Roriata

Nā te hau o te Atua rātou i ngaro ai, nā te hau o ōna pongaponga rātou i pau ai. Hopa 4:9

Kāore ia e tuku i ahau kia manawa, engari e whakakīia ana ahau e ia ki te kawa. Hopa 9:18

Kei tōna ringa te wairua o ngā mea ora katoa, me te manawa hoki o ngā tāngata katoa. Hopa 12:10

E kore ia e puta i te pōuri; ka maroke ōna manga i te mura, ā ka riro atu ia i te manawa o tōna mangai. Hopa 15:30

Kua pirau tōku manawa, kua memeha ōku rā, kua rite ngā urupā mōku. Hopa 17:1

He mea tauhou ki taku wahine taku manawa, ahakoa i inoi ahau mo nga tamariki a toku kopu. Hopa 19:17

Kei roto tonu hoki i ahau toku manawa, a kei roto i oku pongaponga te wairua o te Atua; Hopa 27:3

Nā te Wairua o te Atua ahau i hanga, ā, nā te manawa o te Kaha Rawa ahau i whai ora ai. Hopa 33:4

Ki te anga mai tōna ngākau ki te tangata, ki te kohia e ia ki a ia tōna wairua me tōna manawa; Hopa 34:14

Nā te manawa o te Atua i homai te huka: ā, ka whakawhāitihia te whānui o ngā wai. Hopa 37:10

"Ka ngiha ngā waro i tōna manawa, ka puta mai te mura i tōna mangai." Hopa 41:21

Kātahi ka kitea ngā takere o ngā wai, ā ka takoto kau ngā pūtake o te ao i tāu whakatūpato, e Ihowā, i te pupuhitanga o te manawa o ōu pongaponga. Ngā Waiata 18:15

Kaua ahau e tukua ki te hiahia o oku hoariri: kua whakatika mai hoki he kaiwhakapae teka ki ahau, me te hunga e manawa nanakia ana. Ngā Waiata 27:12

Nā te kupu a Ihowā i hanga ai ngā rangi; ko ngā mano katoa hoki o reira nā te manawa o tōna mangai. Ngā Waiata 33:6

Ka huna e koe tōu mata, ka ohorere rātou: ka tangohia e koe tō rātou manawa, ka mate rātou, ka hoki anō ki tō rātou puehu. Ngā Waiata 104:29

He taringa ō rātou, engari kāore e rongo; kāhore hoki he manawa i roto i ō rātou mangai. Ngā Waiata 135:17

Ko te putanga atu o tōna manawa, hoki ana ia ki tōna oneone; i taua rā tonu ka ngaro ōna whakaaro. Ngā Waiata 146:4

Kia whakamoemititia a Ihowa e ngā mea katoa e whai manawa ana. Whakamoemititia a Ihowa. Ngā Waiata 150:6

Ko te mea hoki e pā ana ki ngā tama a te tangata, e pā ana ki ngā kararehe; kotahi tonu te mea e pā ana ki a rātou; rite tonu ki te matenga o tetahi, rite tonu te matenga o tetahi; ae ra, kotahi tonu te

manawa o rātou katoa; kāore hoki te tangata i hipa ake i te kararehe; he horihori hoki te katoa. Koheleta 3:19

Poropititanga

Kati te mea ki te tangata kei roto nei tōna manawa i ōna pongaponga; kia pēhea hoki ia e whakaarohia ai? Ihaia 2:22

Engari ka whakawa ia i te hunga rawakore i runga i te tika; ka riria hoki e ia te he, he whakaaro ki te hunga mahaki o te whenua: ka patua e ia te whenua ki te rakau o tona mangai, ka whakamatea ano e ia te tangata kino ki te manawa o ona ngutu. Ihaia 11:4

Ā, ko tōna manawa, pērā i te awa e ngawha ana, ka tae ki waenganui o te kaki, hei tatari i ngā iwi ki te tatari o te horihori: ā, ka mau he paraire ki ngā kauae o ngā iwi, hei whakapohehe i a rātou. Nō mua hoki a Topete i whakaritea ai; āe, kua rite mō te kīngi; kua whakahōhonutia e ia, kua whakanuia: ko tōna puranga he ahi, he nui te wahie; ko te manawa o Ihowā, anō he awa whanariki, hei whakangā. Ihaia 30:28,33

Ko tō koutou hapu he papapa, whānau ake he kakau witi; ko tō koutou manawa, ka rite ki te ahi, ka kai i a koutou. Ihaia 33:11

Ko te kupu tēnei a te Atua, a Ihowā, nāna nei ngā rangi i hanga, i hora; nāna nei i hora te whenua me ngā mea e puta mai ana i reira; nāna nei i homai he manawa ki te iwi o reira, me te wairua ki te hunga e haereere ana i reira: Ihaia 42:5

He kuware te tangata katoa, ā, he kore mōhio: whakama ana ngā kaiwhakarewa katoa i te whakapakoko: he teka hoki tana whakapakoko whakarewa, kahore hoki he manawa i roto i a rātou. Heremaia 10:14

He kuware te tangata katoa i tana mohiotanga; whakama ana nga kaiwhakarewa katoa i tana whakapakoko: he teka hoki tana whakapakoko whakarewa, kahore hoki he manawa i roto i a ratou. Heremaia 51:17

Kua rongo koe ki tōku reo: kaua e huna tōu taringa ki taku manawa, ki taku karanga. Ngā Tangi a Ngā Ringaringa 3:56

Ko te manawa o ō tātou pongaponga, ko tā Ihowa i whakawahi ai, i mau ki roto ki ā rātou rua, i mea ai tātou mōna, I raro i tōna taumarumarutanga ka ora tātou i roto i ngā tauiwi. Ngā Tangi 4:20

Ko te kupu tēnei a te Ariki, a Ihowa, ki ēnei wheua; Nana, ka meinga e ahau he manawa kia tomo ki roto ki a koutou, a ka ora koutou: Ka whakatakotoria ano e ahau he uaua ki runga ki a koutou, ka whakaputaina ake he kikokiko ki runga ki a koutou, ka hipokina koutou ki te kiri, ka hoatu he manawa ki roto ki a koutou, a ka ora koutou; a ka mohio koutou ko Ihowa ahau. Ko te kupu tēnei a te Ariki, a Ihowa, ki ēnei wheua; Nana, ka meinga e ahau he manawa kia tomo ki roto ki a koutou, a ka ora koutou: Na, i taku tirohanga atu, na, kua puta ake ngā uaua me te kikokiko ki runga ki a rātou, a kua taupokina rātou e te kiri i runga ake; engari kāore he manawa i roto i a rātou. Katahi ia ka mea mai ki ahau, Poropiti ki te hau, poropiti, e te tama a te tangata, mea atu hoki ki te hau, Ko te kupu tēnei a te Ariki, a Ihowa; Haere mai i ngā hau e whā, e te manawa, e manawa ki runga ki ēnei tupapaku, kia ora ai rātou. Heoi i poropiti ahau i tana i whakahau ai ki ahau; a ka tomo te manawa ki

roto ki a rātou, a ka ora rātou, ā, tu ana i runga i ō rātou waewae, he ope nui whakaharahara. Ehekiera 37:5-10

Heoi whakakake ana koe ki te Ariki o te rangi; kua kawea mai ano e ratou nga oko o tona whare ki tou aroaro, a inu waina ana koe, me au ariki, me au wahine, me au wahine iti; kua whakamoemiti ano koe ki nga atua, ki te hiriwa, ki te koura, ki te parahi, ki te rino, ki te rakau, ki te kohatu, e kore nei e kite, e rongo, e mohio: na, ko te Atua kei tona ringa nei tou manawa, nana nei ou ara katoa, kihai koe i whakakororia i a ia. Raniera 5:23

Ma te aha hoki e taea ai e te pononga a tēnei ariki te kōrero ki tēnei ariki? Ko ahau nei hoki, kāore i toe he kaha i roto i ahau, kāore hoki he manawa i mahue i roto i ahau. Raniera 10:17

Aue te mate mō te tangata e mea ana ki te rakau, E ara; ki te kohatu wahangu, E ara! māna e whakaako! Nana, kua pania ki te koura, ki te hiriwa, kahore hoki he manawa i roto. Hapakuka 2:19

Kawenata Hou

Ā, i tana kōrerotanga i tēnei, ka whakaha ia ki a rātou, ka mea ki a rātou, Kia riro i a koutou te Wairua Tapu: Hoani 20:22

Ā, ko Haora, kei te kōrero whakawehi tonu, kei te patu i ngā ākonga a te Ariki, ka haere ki te tohunga nui, Ngā Mahi 9:1

Kāore anō hoki ia e karakiatia e te ringa tangata, me te mea he matea ana e ia tētahi mea, ko ia hoki te homai i te ora, i te manawa, me ngā mea katoa ki ngā tāngata katoa; Ngā Mahi 17:25

Apokaripa

Ā, i homai e koe he tinana ki a Ātama, kāhore he wairua, he mea hanga nā ōu ringaringa, ā, i whakahaea e koe ki roto ki a ia te manawa ora, ā, i whakaorangia ia i tōu aroaro. 2 Etera 3:5

Engari ko au anake i kite i tana tukunga mai i roto i tōna mangai me te mea he pupuhi ahi, me te manawa mura i roto i ōna ngutu, ā, i roto i tōna arero i whiua mai e ia ngā mura me ngā tupuhi. Ā, i konatunatua katoa rātou; te pupuhi ahi, te manawa mura, me te tupuhi nui; ā, i tau ki runga i te mano tini i rite ki te whawhai, ā, tahuna ana rātou katoa, ā, kāore he mea i kitea i runga i te mano tini kore e taea te tatau, engari ko te puehu me te kakara paowa anake: i taku kitenga i tēnei ka wehi ahau. 2 Etera 13:10-11

Nāna i hanga te tangata, ā, whakanohoia ana tōna ngākau ki waenganui o te tinana, ā, homai ana ki a ia te manawa, te ora, me te māramatanga. 2 Etera 16:61

I whānau mai hoki tātou i roto i ngā āhuatanga katoa: ā, i muri mai ka rite tātou me te mea kāore anō kia noho: he paoa hoki te manawa i roto i ō tātou pongaponga, he mura iti nei i roto i te nekenekehanga o ō tātou ngākau: Te Whakaaro Nui o Horomona 2:2

Ko ia hoki te manawa o te mana o te Atua, he mana parakore e pupū mai ana i te korōria o te Kaha Rawa: nō reira, e kore e taea e tetahi mea poke te taka ki roto ki a ia. Te Whakaaro Nui o Horomona 7:25

He kararehe mohoao kāore i te mōhiotia, kī tonu i te riri, he mea hanga hou, e pupuhi ana i te kohu mura, i ngā kakara paru rānei o te paoa marara, i ngā kanapa whakamataku rānei e pupuhi ana i ō rātou kanohi: Ae, me te kore ēnei kaha kua hinga rātou i te hau kotahi, e whakatoia ana e te rapu utu, e marara ana i te manawa o tōu mana: engari kua whakaritea e koe ngā mea katoa i roto i te mehua, te tau me te taumaha. Te Whakaaro Nui o Horomona 11:18,20

Ko te tirohanga e kukume ana i ngā wairangi kia hiahia ki taua mea, ā, e hiahia ana rātou ki te ahua o te whakapakoko mate, kāore he manawa. Nā te mea kāore ia i mōhio ki tōna Kaihanga, ki te tangata hoki i whakahihiko i te wairua ora ki roto i a ia, i whakapūha hoki i te wairua ora. I kiia hoki e rātou he atua ngā whakapakoko katoa o ngā iwi: kāore nei he kanohi hei titiro, kāore he ihu hei manawa, kāore he taringa hei whakarongo, kāore he maihao ringa hei whāwhā; ā, ko ō rātou waewae, he puhoi ki te haere. Te Whakaaro Nui o Horomona 15:5,11,15

I a koe e ora ana, e whai manawa ana hoki i roto i a koe, kaua e tukua koe ki tetahi. Koheleta 33:20

He mahi wera te mahi a te tangata e pupuhi ana i te oumu, engari e toru ngā tahunga o ngā maunga e te rā; e pupuhi ana i ngā kohu mura, e tuku ana i ngā hihi kanapa, e whakapōuri ana i ngā kanohi. Koh 43:4

Ko ngā mea kāore he manawa, he mea hoko ki te utu nui rawa. Reta a Heremaia 1:25

Kāore e taea e au te kōrero me pēhea koutou i tae mai ai ki roto i tōku kōpū: nā te mea kāore au i hoatu i te manawa, i te ora rānei ki a koutou, ehara hoki i ahau i hanga i ngā wāhanga o koutou katoa; Engari ko te Kaihanga o te ao, nāna nei i hanga te whakatupuranga o te tangata, nāna hoki i kimi te tīmatanga o ngā mea katoa, māna anō hoki e homai he manawa, he ora ki a koutou, nā te mea kāore koutou e whakaaro ki a koutou anō mō āna ture. 2 Makapei 7:22-23

Heoi, kāore i mutu tana whakamanamana, engari i kī tonu ia i te whakapehapeha, me te pupuhi ahi i roto i tōna riri ki ngā Hūrai, me te whakahau kia tere te haere: heoi ka taka ia i tana hariata, ka amohia kinotia; ā, i te hinganga nui, ka mamae katoa ōna wāhanga. 2 Makapei 9:7

Ahakoa rā, i a ia e ora tonu ana, e mura ana i te riri, ka whakatika ake ia; ahakoa i maringi mai ōna toto me te mea he pūwero wai, ā, he kino rawa ōna patunga, ka oma ia i waenganui i te mano; ā, e tū ana i runga i te toka pari, 2 Makapei 14:45

Enoka

I kite ahau i roto i taku moe i taku e kōrero aiināianei mā te arero kikokiko, me te manawa o toku mangai: kua homai nei e te Atua Nui ki ngā tāngata kia kōrerotia e rātou, kia mārama ai te ngākau. Enoka 14:2

Ā, i ara ake ōku ringa i runga i te tika, i manaaki hoki i te Mea Tapu, i te Mea Nui, i kōrero hoki ahau me te manawa o tōku mangai, me te arero kikokiko, i hanga nei e te Atua mā ngā tamariki kikokiko o te tangata, kia kōrero ai rātou ki aua mea, ā, i homai e ia ki a rātou he manawa, he arero, he mangai hei kōrero mā rātou ki aua mea: Enoka 84:1

Mai i tō rātou whānautanga mai, kāore i hiahia ki te kai o te ao nei, engari i whakaaro rātou he mea memeha noa iho ngā mea katoa, ā, i ora i runga i tēnā, ā, i whakamatautauria nuitia rātou e te Ariki, ā, i kitea he parakore ō rātou wairua kia whakapaingia ai tōna ingoa. Enoka 108:9

Jasher

Nā te Atua i hanga te tangata i te oneone, ā, i pupuhi ia ki roto i ōna pongaponga te manawa ora; ā, ka ora te tangata, ka whai kōrero. Jasher 1:2

Maranga ake, tirohia te mamae o taku mamae mōu, e taku tama, ahakoa ehara i ahau i whakatupu, i hanga, i hoatu rānei he manawa, he wairua ki a koe, engari ko te Atua i hanga i a koe, i hanga hoki i ō wheua, i hipokina ki te kikokiko, i whakahaea ki roto i ō pongaponga te manawa ora, kātahi ka homai koe e ia ki ahau. Jasher 43:28

Ā, i ia rā, i ia rā, ka haere ia ki te whenua o Kohena, ki te wāhi i noho ai ōna tuakana, ngā tama a Iharaira, ā, ka kite a Mohi i a rātou i ia rā, i ia rā, e hemo ana te manawa, e mahi ana hoki i te mahi nui. Jasher 70:34

He pono nā te Atua koe i hanga i roto i te kōpū o tōu whaea, ā, nāna koe i hoatu ki roto ki a koe te manawa o te ora, nāna koe i whakatipu, ā, nāna koe i whakanoho ki te torona kingi o Ihipa, ā, māna koe e tango atu, tōu manawa me tōu wairua, ka whakahokia koe ki te whenua i tangohia mai ai koe. Jasher 79:50

Ngā Pukapuka Ngaro o te Paipera

Ko ia hoki te kaititiro i ngā whakaaro me ngā whakaaro o te ngākau; kei roto i a tātou tōna manawa, ā, ina pai ia ka taea e ia te tango atu i a tātou. 1 Kerēmene ki ngā Kōriniti 10:14

I patua rātou e ia, pērā i te purehurehu: ā, i te ata a tae noa ki te ahiahi, kāore rātou e manawanui. Nā te mea kāore i taea e rātou te āwhina i a rātou anō, ka mate rātou; i manawa ia ki runga i a rātou, ā, mate ana rātou, nā te mea kāore he mātauranga i a rātou. 1 Keremeneta ki ngā Kōriniti 18:7

Nā konei i tukua ai e te Ariki kia ringihia te hinu kakara ki runga i tōna matenga; kia hoatu ai e ia te manawa o te matekore ki tana hahi. He reta nā Ignatius ki ngā tāngata o Ēpeha 4:4

Ngā Pukapuka o Ētene kua Warewaretia

Kātahi ka piki te anahera ki te Atua, ka manaakihia, ka mea, E te Atua, kua mate āu mea hanga. 1 Pukapuka a Ātama rāua ko Īwa 10:2

Engari i titiro te Atua ki a ia, ki tōna mamae, me tōna tata hoki ki te hemo. Ā, ka puta mai te Kupu a te Atua i te rangi, ka whakaara ake i a ia i te wai, ka mea ki a ia, Haere ki runga i te pari teitei ki a Iwa. Ā, i tōna taenga atu ki a Iwa, ka mea ia ki a ia, Nā wai koe i mea ki te 'haere mai ki konei'? 1 Pukapuka a Ātama rāua ko Iwa 33:12

I te rima o ngā rā, ka whakahau ahau i te moana kia puta mai ngā ika, me ngā manu huruhuru o ngā momo maha, me ngā kararehe katoa e ngokingoki ana i runga i te whenua, e haere ana i runga i te whenua i runga i ngā waewae e whā, e rere ana i te rangi, he tāne, he wahine, me ngā wairua katoa e manawa ana i te wairua o te ora. Ā, ka tae mai te ahiahi, ka tae mai te ata, ko te ono o ngā rā. I te ono o ngā rā, ka whakahau ahau i taku whakaaro nui kia hanga te tangata i roto i ngā āhua e whitu: tuatahi, ko tōna kikokiko i ahu mai i te whenua; tuarua, ko ōna toto i ahu mai i te tomairangi; tuatoru, ko ōna kanohi i ahu mai i te rā; whā, ko ōna wheua i ahu mai i te kōhatu; rima, ko tōna mātauranga i ahu mai i te tere o ngā anahera me te kapua; ono, ko ōna uaua me ōna makawe i ahu mai i te tarutaru

o te whenua; whitu, ko tōna wairua i ahu mai i taku manawa me te hau. Ngā Mea Ngaro a Enoka 30:8-10

Ā, i tuhituhia e au ngā wāhi okiokinga o ngā hau, ā, i mātakitaki, i kite hoki i te āhua o ā rātou pupuri kī e amo ana i ngā pauna me ngā mehua; tuatahi, ka whakatakotoria ki roto i tētahi pauna, kātahi ki tētahi atu ngā pauna, ā, ka tukuna kia rite ki te mehua ki runga i te whenua katoa, kei ruia te whenua e te manawa taumaha. Ngā Mea Ngaro a Enoka 40:8

Kua whakatakotoria e te Ariki ngā turanga ki te wāhi ngaro, ā, kua horahia e ia ngā rangi e kitea ana, e kore e kitea; nāna i whakatakoto te whenua ki runga i ngā wai, ā, i hanga e ia ngā mea ora e kore e taea te tatau, ā, ko wai i tatau i te wai me te turanga o te mea kāore i pumau, i te puehu rānei o te whenua, i te onepu rānei o te moana, i ngā pata ua rānei, i te tomairangi o te ata rānei, i ngā manawa rānei o te hau? Nā wai i whakakī te whenua me te moana, me te hotoke e kore e memeha? Ngā Mea Ngaro a Enoka 47:5

Nā te mea ko ngā mea manawa katoa e whakakororia ana i a ia, ā, ko ngā mea hanga katoa e kitea ana, e kore nei e kitea, e whakahoki ana i te whakamoemiti ki a ia. Ngā Mea Ngaro a Enoka 51:6

Kāore hoki he mea e manawa kore ana, kāore hoki he mea wahangu: Nāna hoki i homai he mangai ki tana i hanga ai, hei whakatuwhera i te reo o te mangai ki a ia, hei whakamoemiti ki a ia: Whakaaetia tōna mana, whakakitea hoki tōna atawhai. Hareruia. Ngā Waiata a Horomona 7:26-28

Ā, i kōrero pono rātou i te wairua i whakahaina mai e te Runga Rawa ki roto i a rātou; Whakamoemititia, kia nui te ataahua ki tōna ingoa, Hareruia. Ngā Waiata a Horomona 18:19

I hangaia ngā waewae e whā i te momo kotahi, ā, i hangaia ngā mea katoa me te tino pūkenga, ā, i whakapaua te pūkenga me te mātauranga whakamiharo ki te hanga kia rite ki te taiao, ā, i te wā i whakaohokia ai te hau e te hau, ka tukuna te nekehanga ki ngā rau, ā, i hangaia ngā mea katoa kia rite ki te ao tūturu i tohuhia e ia. Reta a Aristeas 3:39

I tau te werawera ki tōna rae, ā, ka hutia tōna manawa me te hōhā nui, tae noa ki te wā i whakanuia ai ia e tōna wairua rangatira e ōna kaiwhakatoi. 4 Makapei 3:7

Nā reira, i roto i te mamae o te manawa me te mamae o te tinana, ka karanga ia, He korōria, e te kaitukino, he korōria ngā manaakitanga e homai ana e koe ki ahau, e āhei ai ahau ki te whakaatu i tōku pono ki te Ture mā roto i ngā whakamamaetanga honore ake. 4 Makapei 5:51

I te matenga o tōu matamua, kāore i whakarerekē i tō whakatau; kāore anō hoki tōu tuarua i titiro mai ki a koe me ngā kanohi aroha i raro i ōna whakamamaetanga, kāore anō hoki tōu tuatoru i tuku i tōna wairua. 4 Makapei 7:13

Ko te tuawhā ko te kakara, e hoatu ai he tikanga reka hei kukume i te hau me te manawa. Kawenata a Reupena 1:17

Nā te Atua hoki i hanga ngā mea katoa kia pai i roto i ō rātou tikanga, ko ngā māharahara e rima i roto i te upoko, ā, i honoa e ia te kaki ki te upoko, me te tāpiri atu hoki i te makawe hei ataahua, hei kororia, kātahi ko te ngākau hei mārama, ko te puku hei paru, me te puku hei huri, ko te manawa hei hongi i te manawa, ko te ate hei riri, ko te au hei kawa, ko te ate hei kata, ko ngā whatumanawa hei whakaaro nui, ko ngā uaua o te hope hei kaha, ko ngā pukahukahu hei kukume, ko ngā hope hei kaha, me ērā atu mea. Kawenata o Napatari 1:20